

NO ONE IS JUST LIKE YOU!



You are Very Special

You are very special,
We know this to be true.
It's important to keep yourself safe,
And there are people who can help you.

If someone makes you feel uneasy,
Or does something that's not okay,
You don't have to keep it a secret,
You can talk to someone right away.

It might be hard to speak up,
To find the words to say what's wrong,
But there are people who will listen,
And help you to be strong.

You can tell a teacher or a parent,
Or someone else you trust,
They'll help you to stay safe and sound,
And do what's right and just.

Remember, you are very special,
Your body, heart, and mind,
And there are always people out there,
Who are ready to be kind.

So if you ever need someone,
To listen and to care,
Just know that there are people,
Who will always be there.



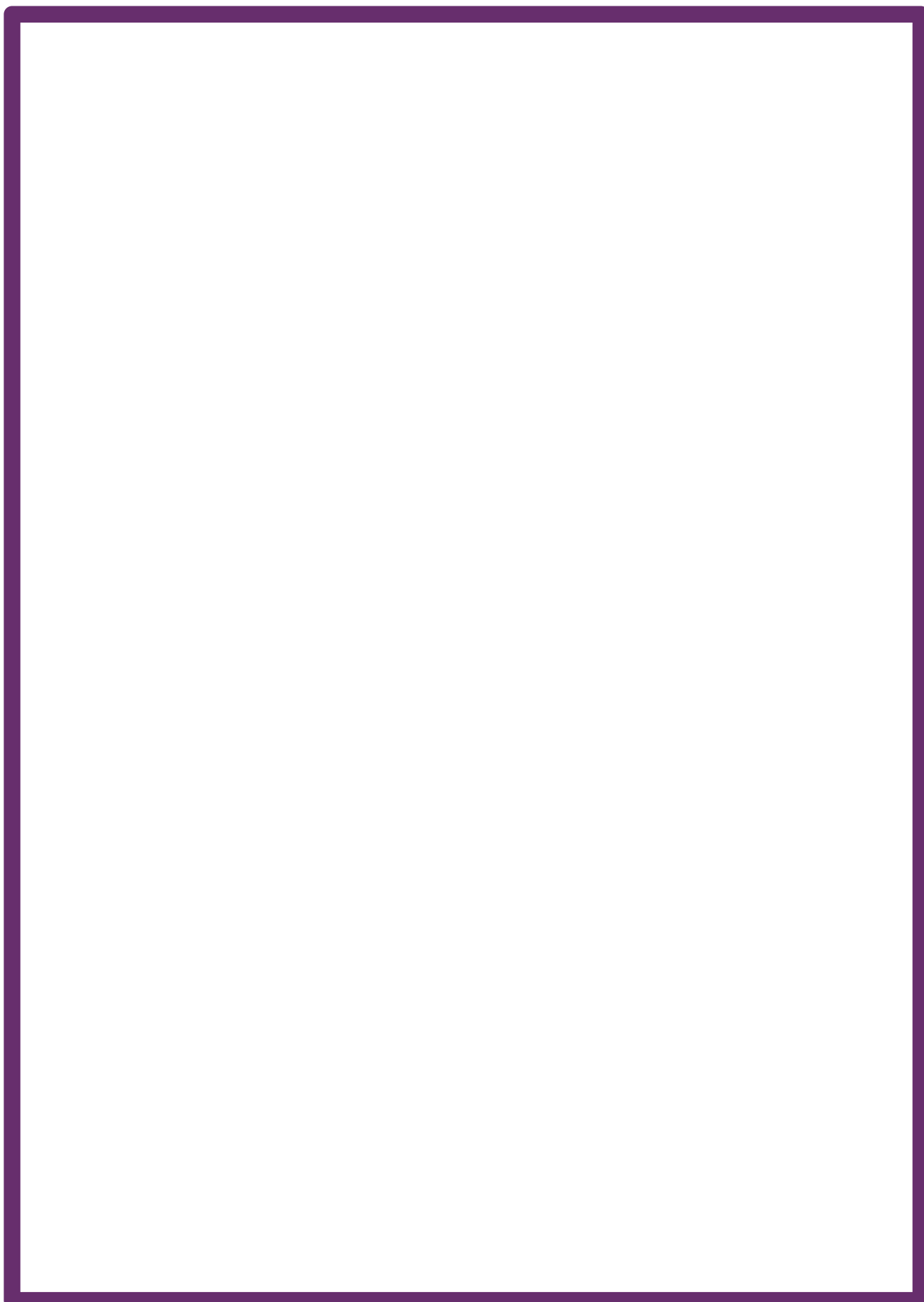
Who could you trust to help you
if you ever needed help keeping
your body safe?

Write their names or draw their
pictures below!

I Can Trust:



Draw a picture of your special self!



How can you help?

You can help WRAP and support children and their families! Talk to your grown-up about these ideas!

- Donate some of the clothes that you can't wear anymore or gently used toys.
- Donate things like shampoo, body wash, toothpaste and tooth brushes.
- Donate school supplies and backpacks.
- Bring snacks and juice boxes for kids.
- Donate small toys, coloring books and crayons.

There are a few places you can go to take your donations. Just give us a call or email us and we can connect with you!

A Note to Caregivers:

Here are some simple tips for caregivers to help children understand body boundaries:

1. Teach your child the proper names for their body parts.
2. Explain personal space and that they have the right to say "no" if someone makes them feel uncomfortable or tries to touch them in a way they don't like.
3. Practice different ways your child can say "no" and establish their boundaries through role-playing.
4. Use age-appropriate books and media to help your child understand personal boundaries and safety.
5. Listen carefully and believe your child if they come to you with concerns about their body or someone else's behavior. Let them know that you are there to support them and help them stay safe.

What we do:

WRAP is a group of people who work to help families and communities be happy and healthy. We want to help everyone learn how to be kind and caring to each other, and make sure that everyone feels safe and loved. We believe that when families and communities are happy and healthy, everyone can be their best selves and do great things!



Scan this code to donate!



Connect With Us:

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